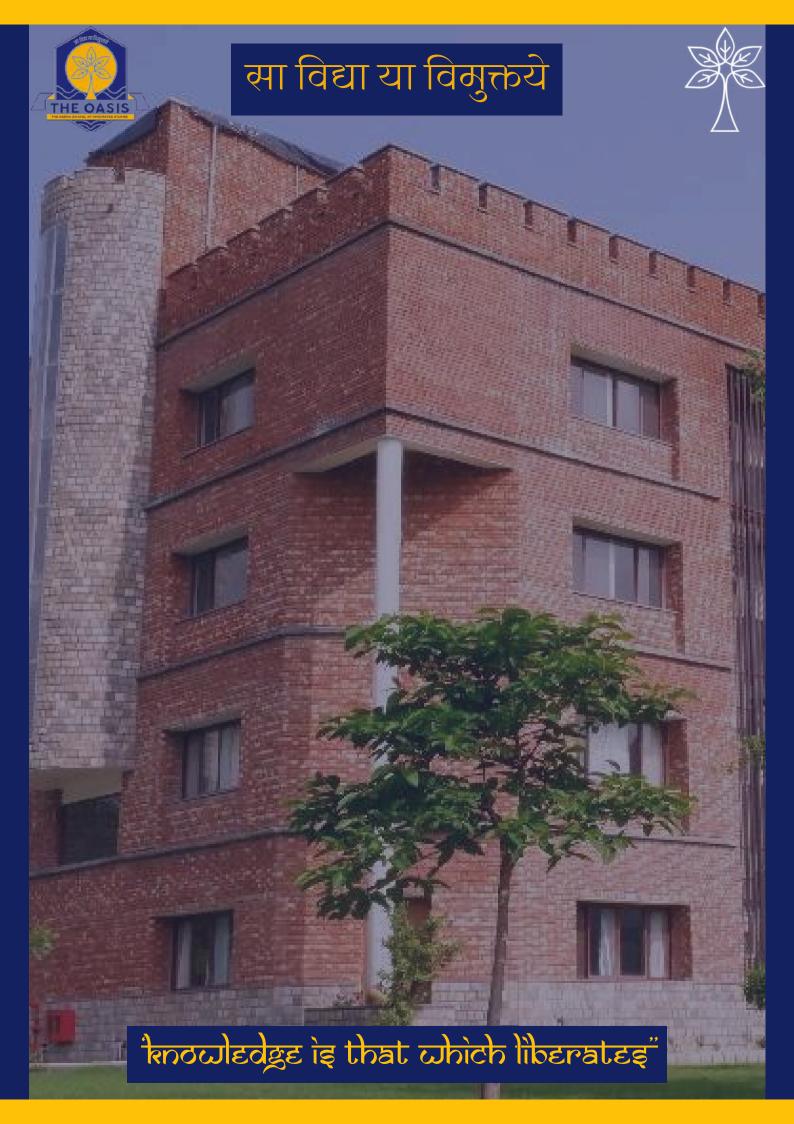
# THE PULSE

**EDITION 56 | THE OASIS | APRIL 2025** 





## From The Editor's Desk

Gauri Juyal (XII-A)

#### Our Enthusiastic Reader,

As we stand at the threshold of another school year beginning, nostalgia lingers in the corridors, classrooms, and even the school grounds. Each laughter shared on the sports field, each hurried scribble of last-minute homework, giggling and ranting to our now passed out seniors, and each glance exchanged during silent exams — they're all memories, woven into the fabric of our school journey. And look at us go, to do them all over again! With the same enthusiasm and the feeling of 'starting over again'.

As I entered my last year of school, I stood in the last (senior-most) line during our first school assembly of the session, when the realisation hit me that this is the last 'First Day of School'. Was I ready for it? No. Did I want live it? No. Did I want to be the senior-most with no one to look up to now? No. Did I want to start thinking about things more than English Literature homework? NO.

School memories are strange — they sneak up on us when we least expect them. I saw little 1st graders, enjoying their first day of school, holding each other's hands and hopping and jumping on their way to the dining hall. While we, the seniors, slouched and remained unhappy on our way to class. These young ones have no idea what the next twelve years are going to be like! It reminded me of my first day of school. Tightly holding my mom's kurta, which had gotten wet on its hem with my tears, and my sister, who was in kindergarten, pulling my hand, trying to drag me in. Just to let the readers know, I was going to playgroup... and it was a half-day school... As dramatic as that was, I do not think I have ever looked back, and I know these tiny tots won't ever either.

There's definitely something special about firsts. But I feel every moment holds the potential for a new one. A new friendship, a new realisation, a new goal, or a new version of ourselves. And that's something we carry with us, even after we leave school — this quiet strength to begin again, no matter where we are in life.

I do not know what I am without that particular smell of the dining hall, assembly prayers, the sound of the grace bell, and the whistling of air which acts as a sweet disturbance in our classes, but every day when you walk to school, you are gifted with a clean slate. The chance to rewrite yesterday's mistakes, try again where we stumbled, and redefine who we are. Didn't do well on that test? There's another one coming. Had a fall out with a friend? You can patch things up in the next recess. Felt invisible yesterday? YOU CAN SHINE TODAY.

Stay happy, healthy and wish you a wonderful time reading!

#### APRIL 2025

#### **EDITION 56**

## Every Moment is a Fresh Beginning



- **4**<sup>th</sup> **April**: Orientation for new parents
- 6<sup>th</sup> **April:** Ram Navmi
- 6<sup>th</sup> **April:** Boarders report to School at 05:00 pm
- 7<sup>th</sup> April: Session 2025-26 begins for classes I to XII
- **7**<sup>th</sup> **April:** Student Orientation (Internal)
- 9<sup>th</sup> April: Session on Migrating Occult- Surabhi Sapra
- 10<sup>th</sup> April: Mahavir Jayanti
- 12<sup>th</sup> April: Textile Waste Management Session By Purkul for Art Students
- **12**<sup>th</sup> **April:** House Meetings
- 12<sup>th</sup> April: The OASIS RISE Programme
- 13<sup>th</sup> April: Baisakhi
- 14<sup>th</sup> April: Dr. Ambedkar Jayanti/ Bihu
- 15<sup>th</sup> to 17<sup>th</sup> April: Financial Literacy Session for Cl VI & XI
- 16<sup>th</sup> April: Mock Evacuation Drill
- 18<sup>th</sup> April: World Heritage Day
- 18<sup>th</sup> April: Good Friday Holiday
- 19th April: Boarders Outing to Chakrata
- 19th April to 17th May: Online MUN Training
- ullet 21st to 24th April: Inter House Basketball
- 21st April: Art Gala Cl I-III
- **22<sup>nd</sup> April**: Earth Day
- 22<sup>nd</sup> April: Art Gala IV & V
- 22<sup>nd</sup> April: Drawing and Watercolour Session at Song River Bed for Art Students
- 23<sup>rd</sup> April: World Book Day
- 23<sup>rd</sup> April: University Admissions Guidance for USA and Canada for Classes XI and XII

- 24<sup>th</sup> April: Drawing and Watercolour Session at Song River Bed for Art Students
- **24**<sup>th</sup> **April**: Inter House Spellathon Satva
- 25<sup>th</sup> to 26<sup>th</sup> April: Inter School Design Competition
- 25th April: Know Your Body Cl I
- **25**<sup>th</sup> **April:** Festive Friday
- **26**<sup>th</sup> **April**: The OASIS RISE Programme
- **28**<sup>th</sup> **April to 1**<sup>st</sup> **May**: Inter School U-16 Girls Basketball Tournament
- **29**<sup>th</sup> **April:** International Dance Day
- 29<sup>th</sup> April: Inter House Dance Competition Satva and Ekya
- 30<sup>th</sup> April: Author Session Ken Spillman Class IV



## The OASIS Touches the Sky



The glorious performances of the OASIS students in the ISC Class XII and ICSE Class X Board Examinations this year are a source of immense pride for the entire school. These are the well- deserved outcome of the students' assiduous study, their methodical approach to learning, burning the midnight oil, and disciplined resistance to distractions. Facilitating their learning and acting as stress-busters, the teachers were overjoyed by the much-anticipated results. Their remarkable achievement serves as a powerful inspiration for their peers-- it is a reflection of relentless hard work, focused determination, and the spirit of excellence that defines The OASIS.

Here is the subject-wise performances of the students:

#### **CLASS XII- Toppers**

- 1. Satvik Arora 99% (Science) with 100% in Chemistry
- 2. Vanshika Rawat 97.3% (Science)
- 3. Bhavishya Sharma 97.3%(Science)
- 4. Samridhi Bahuguna 96% (Humanities)

- 5. Deepjyoti Negi 95.3% (Humanities)
- 6. Sahima Singh 94% (Commerce)
- 7. Gurshaan Singh 91% (Commerce)
- 8. Aradhya Chachra 90% (Commerce)

#### **CLASS X-Toppers**

46% of the Total class strength has scored 90% and above as aggregate, compared to 33% of students which is much higher than last year. Showing an immense improvement overall.

- 1. Nandini Singh 99.4%
- 2. Aveer Prakash 97.6%
- 3. Sachit Saini 97.3%
- 4. Aryan Tamta 96.9%
- 5. Ayushi Tripathi 96.3%

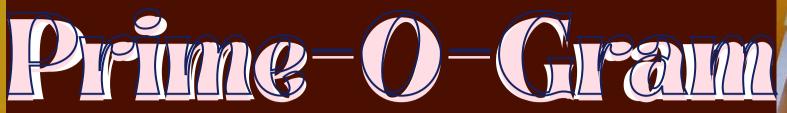
- 6. Tara Kumar 96.3%
- 7. Arpit Dangwal 96%
- 8. Aditi Parmar 95.5%
- 9. Charvi Kunal 95.3%
- 10.Mouli Panwar 95%

Those who scored 100% in various subjects:

- 1. English Literature: Nandini Singh
- 2. Hindi: Sachit Saini, Tara Kumar & Arpit Dangwal
- 3. History & Civics: Nandini Singh, Sachit Saini, Aryan Tamta, Tara Kumar, Arpit Dangwal, Ayushi Tripati & Aanya Kumar
- 4. Geography: Nandini Singh
- 5. Math: Nandini Singh
- 6. Physics & Chemistry: Nandini Singh
- 7. Biology: Charvi Kunal, Nandini Singh, Sachit Saini, Aryan Tamta, Tara Kumar & Arpit Dangwal.
- 8. Computer Applications: Nandini Singh
- 9. Art: Charvi Kunal & Damp; Ayushi Tripathi

The unprecedented results include 16 students scoring 99% in various subjects.

This is just the precursor to the students' sparkling future.





# Art Gala: A Celebration of Colours

By-Rushaan Bissht Carnation

Art Gala, an exciting art competition, was held on April 21st, 2025. It was conducted for classes I, II, and III. The topic was 'The Earth Day'. Every student drew beautiful drawings related to the earth. The students expressed their love and care for the planet through their wonderful drawings. Some reflected on the time gone by when the earth was much greener, while others expressed their disappointment at the worsening condition of the earth due to the careless attitude of the people. Some even suggested certain rules that should be made mandatory to save the earth. Each participant was deeply engrossed in creating their artwork, and thoroughly enjoyed the competition. Almost all the posters made by the little artists were vibrant, colourful, and quite attractive. This was an occasion wherein all the students got a chance to showcase their artistic talent.





# Beauty of Every Moment



Aiman Ahmed Euphorbia

New plants sprout,
The old ones fade away,
The sun will shine out,
With beautiful bright rays,
A new year will pass by,
A new, clean stage,
The memories will fly,
No need to hold onto rage;
An ending is just the beginning of a new game
Like levels in a game.





## Embracing A Fresh Start



Kamaira Rawat VIII C

It's time for a fresh start, Though you're still the same by heart!

Different classrooms, some old and some new peers. There is a desire to reform things, as not much has changed over the years.

Everyone has high expectations, But they don't realise we're still the same by creation.

With the same thoughts that are so deep, That makes it hard to get a good night's sleep. Whatever your heart desires, Be assured you are capable of Attaining goals much higher.

Let this thought in your heart forever stay: You shouldn't be scared of walking on an untrodden way.

So go ahead and have your fresh start, Because you yourself are a piece of art. Because you yourself are a piece of art.

## A New Journey



Reyansh Lama VI B

'Every moment is a fresh beginning'. What I understand by this is to forget the past moments when you had to struggle, and cherish the moments filled with joy and enjoyment. Each moment is an opportunity to correct the mistakes that you made earlier. I would like to tell you from my own experience: Satva is very different from Ankuram. My friends are in other sections. Fortunately, it's a good opportunity for me to interact with other students. I might not be able to talk to my friends that often, but they interact with me just as they did in class IV and V.

Even going to different departments provides a great chance to meet my friends. For me, being appreciated by a teacher feels like a fresh beginning as it shows that I've learned from my mistakes.

# TALES OF THE MIGRATING OCCULT



By : Aadhya Prakash and Hargun Kaur Class VII B

"It's OK to fail, but it's not OK to give up!" — Mrs. Surabhi Sapra
On the 9th of April 2025, The OASIS was privileged to have an inspiring and interactive session with Mrs. Surabhi Sapra. Mrs. Sapra's presence was both an honour and inspiration for the entire school community.

Mrs. Sapra came to The OASIS to inspire us and give us a once-in-a-lifetime, insightful session.

While giving us a peek into her own life, she told us she wanted to become an archaeologist in middle school, and then an architect in high school. But then one fine day, she was convinced by her friend to take an entrance exam for a reputed fashion designing university. But eventually, she became a businesswoman, the creator and the host of, "Migrating Occult" –a YouTube podcast channel – and a wildlife photographer. "Migrating Occult" features in depth interviews with leading conservationists, eco-warriors, sustainability champions, environmental activists, writers, authors, historians, designers, educators and the like from all around the globe.

Following the session, Mrs. Sapra screened a wonderful video showcasing all the famous personalities she has met and the astonishing things some daring people have accomplished. The people she featured on her YouTube channel act as role models for all students. We were told the story of a man who survived cancer and pursued a wonderful career. He also wrote an inspiring book, "From Cancer Man to Iron Man."

Mrs. Sapra had an interactive session with the students and answered their questions convincingly. Students asked her many interesting things, and gained vast knowledge. This interactive session taught them many useful things about life.

## The Inter-House Spell-a-Thon



Anika Pandey VII B

They say language is a bridge that connects us with our emotions. It helps us express our feelings and desires. When this year's much-awaited Inter-House Spell-A-Thon was announced, our entire class was extremely delighted!

The event was themed as "The Vocabulary Vault of R.K Narayan", in honour of one of India's greatest literary luminaries, Padma Bhushan Shri R. K. Narayan. It was hosted by the English Department at our school. I, Anika Pandey, was chosen as the emcee.

#### There were two rounds:

a) Round 1: The Missing Letter Round (40 points)

Each team was allotted a word, with some letters missing in it. The teams had to fill in the blanks and guess the complete word.

b) Round 2: The Rapid-Fire Round (60 points)

The chosen participant from every team had a minute each, to spell a word from a list of twelve words. Each correct spelling earned 5 points.

By now, the participants were looking nervous, trying to preempt the words that could possibly be allotted to them. The audience was very supportive, and their reassuring smiles surely boosted the participants' confidence.

I introduced the brilliant participants to the audience:

From Daivik House: Medhansh Modi and Vivaan Gupta Representing Vinaya: Mishka Rawat and Gursahej Singh

From Mahit: Sairah Negi and Adamya Rao

From Prasatti: Francesca Bhatt and Shreyansh Samal

The first Spell Mistress conducted 'The Missing Letter Challenge'. At this point, the audience looked thrilled and was completely captivated. Everyone watched eagerly, as the participants tried their best at spelling each word.

Soon enough, this section concluded, and the second Spell Mistress was invited to conduct the most thrilling segment of the day-The Rapid-Fire Round.

Right till the end, it was difficult to guess who the final winner would be. The final moments were a roller-coaster ride for everyone. From being 'garrulous' to 'perplexed', the participants' focus intensified. After all, they were a little short of being 'cantankerous', even as they loved every bit of the 'pandemonium'!

Finally, after a nail-biting game, the round ended and the contestants heaved a sigh of relief. The spell-bee was over! All of us were amazed at the steely resolve shown by the contestants. How could they spell such difficult words correctly, especially under pressure!

Finally, I had the privilege of inviting Natascha Ma'am to the stage to inspire us with her words. She enlightened us with an engaging discussion about the timeless quality of R.K. Narayan's stories.

With that, the Inter-House Spell-A-Thon 2025 concluded. The participants surely won the audience over with their mental agility and spelling prowess!

In the first round, Daivik House outshone the others, while Mahit and Vinaya House settled for a tie in second place.

In the second round, Daivik again clinched the first position, with Mahit and Prasatti House in second position.







# Kaleidoscope

ERYA

# The Art of Restart



Jaanvi Bhartari IX B

Every moment is a fresh beginning. What do you mean by a fresh beginning?

Is it just another cliche given by society? Is it somewhat a lie? Or is it simply a topic your teacher assigned you to write about? Well to be honest, even I don't fully know what a fresh beginning is, but I do understand that it is something difficult, something many people struggle to achieve. Although the phrase, "Every moment is a fresh beginning" is a complex idea, it is also something very important.

Life is like a game of snakes and ladders. It has its ups and downs; nothing is perfect, and this is an integral part of our everyday living. One moment you might be soaring high above the clouds, and the next you could experience a significant downfall. Whether it's grades or a job, all you need to do is learn the art of RESTART.

In conclusion, I quote a line from Harry Potter: "Even in the darkest of times one can find happiness, but only if one remembers to turn on the light."



### LE MOT JUSTE— THE LITERARY FEST



Pratyaksha Singh IX A

In the great words of none other than the co-founder of Apple, Steve Jobs, "Life is about creating and living experiences worth sharing." One such experience that stands out is *Le Mot Juste*—the annual Wynberg Allen literary festival. This year's event consisted of different competitions like Spelling Bee, T. W Phillips Debate, G. D Lehmann Debate, Hindi Debate, Camera and Critique, and Poetry Recitation. Over 25 schools participated, and our school was one of them, with a total of 7 participants in the events under the following categories:

#### **☑** Dr. G.D. Lehmann Debate:

Classes 9 & 10: Ahaana Kamboj and Pratyaksha Singh

#### **■** The Rev Biggs Spelling Bee

Division 1: Classes 5 & 6 Vivaan Gupta

Division 2: Classes 7 & 8 Medhansh Modi

Division 3: Classes 9 & 10 Kabir Dahiya

Division 4: Classes 11 & 12 Oshin Jindal

#### **■ The Cynthia Burrell Poetry Recitation Competition**

Classes 7 & 8: Gayatri Khanduri

We entered the campus at around 7: 50 am and after registration and a light snack, Ahaana and I were escorted to a room to pick a chit for our pools and the topic for the preliminary round. The topic for the debate was 'Armed Forces is the Best Way to Serve a Nation'. Then we got some time for our preparation while the judges filed in and all the other pools were set. According to the order of speaking, The OASIS was going first, which definitely did not help with the nerves.

After the debate was over, we were escorted to the auditorium where Poetry Recitation was commencing. Gayatri Khanduri spoke very confidently and I am sure her melodious voice stole the judges' hearts. Oshin Jindal returned after doing her best in Spellathon. After a while, Vivaan returned, having qualified and secured the 6th place. Kabir Dahiya had bagged the 4th place in his category and meanwhile, Medhansh Modi had firmly secured the first place.

The school is another world in itself, with a gravel path lined with trees on both sides leading to the new building. It also has a wonderful canteen and innumerable passages here and there, enough to make someone like me, new to the school, lose their way and reach the washroom instead of the classroom.

After a hearty lunch, we witnessed the final round of G. D. Lehmann Debate, Hindi debate and T. W Phillips Debate. All the participants reflected hard work in their speeches and spoke wonderfully. Next, it was time for the prize distribution. While the scores were being calculated, the staff and children entertained us with a fun quiz which had questions taken from the newspaper The Hindustan Times. It was a proud moment for all of us when Medhansh Modi was called to the stage to receive the well deserved trophy of the first position. The winning trophy went to Doon International School, which was no surprise, seeing that the students had showcased excellence in most of the events.

With that, the competition drew to an end. It was a fruitful experience for all the participants, new to most of us but familiar to some. We left the campus with a silent promise to return next year, even more well prepared.



# Taking Life One Step At A Time



Vihaan Ahlawat X B

### "Control the controllables" -Jasprit Bumrah

History consists of more mistakes than fairytale endings. However, every day provides one with opportunities for a fresh start. It is all about improving the little aspects of life, one at a time. To start afresh completely, all at once, is nothing short of herculean. However, it also provides a chance to redeem oneself.

In the real world, starting afresh from scratch is an unrealistic aspiration. On the other hand, starting afresh in a single aspect of life is far more achievable. A student struggling academically always has the option to put the past behind them and work towards a better, balanced routine. If a student scores forty per cent in half-yearly examinations, they have an opportunity to start afresh in academics and work harder in the next term. This will result in them scoring a much better percentage in their finals. They will carry the confidence and hard-working spirit into the next class, resulting in a student who approaches education from a completely different perspective.

A person doesn't require an elephantine opportunity to make small amends. Anyone struggling in life should take a moment to evaluate their mistakes and contemplate immediate actions. Just "controlling the controllables," i.e., giving your best efforts to things that are in one's control and not worrying about the rest, is sufficient for drastic improvements. Start by swapping that bag of chips with a bowl of sprouts. Get rest instead of scrolling through reels. Work on these small things and see large changes. Gradually increase the duration of workouts. Start small but push yourself constantly. This will result in a much improved person.

All one needs is a moment of pure determination and willpower. That moment, once found, can be truly life-changing!





Aarit Jain XII

The term 'beginning' is as sophisticated as it can be!

Beginnings come in all forms, offering a new opportunity each time for those who have failed in life or those who could not manifest their dream which they once cherished.

Once there was a boy named Bruno. He always wanted to play football in the big leagues and earn recognition for his country. However, due to his father's financial circumstances he could not get admission into a very good school. Instead, he attended a regular school which only focused on academics neglecting co-curricular activities. From his childhood, Bruno's inspiration was the great footballer Maradona. He had a special place for football in his heart, a space that felt both present and empty because he anticipated facing same challenges as his father in his adulthood. There is a saying: "You don't know where life takes you". So, how did the boy, without access to proper facilities, become a football star?

After graduating from class Xll, Bruno, who hadn't done well in studies, joined a football academy ten miles away from his house. His parents were unsure about this decision, especially since he had to attend college too. Five years and nothing related to football happened in his life. Soon after getting married, however, he still had a persistent spark that told him that he could still do it.

Everyone in his family told Bruno to quit playing and focus ahead, but Bruno, a die hard fan of Maradona relentlessly wanted to become a football player. One day when Bruno was packing his football shoes, a man showed up and asked Bruno if he wanted to play in a local league. This was the first time Bruno had been invited to a local tournament, despite his age..

On the day of the tournament many national football league supervisors came and saw Bruno's game.

They were astonished by his performance in the game because a man of thirty five years was outperforming the best players in the tournament. Eventually, Bruno was selected by them, and then his life was on an upward climb and led Bruno to where he is today: a football Star who is known for his skills world wide, who plays for his country, Portugal.

This story shows how a person, who had not given up on his dream, began afresh and became a Football Star. So this shows us that it's never too late to start, any moment in our life can lead to a bright future!

# Every Moment: Opportunities

Galore

Yogi Sharma IX-A

A survey was conducted in the USA where a sample was taken and people were asked, "Do you like your job?", an estimated 70% of the respondents hated their jobs. This shows that how much the labour has changed the mindsets of the people over a past few decades. It's contagious!

And this mindset is being passed down from one generation to another. 'Study, study, get a degree, get a job, and earn for a living'. Consider that you are in a maze and you have to find the exit but you keep on returning to where you were before, isn't that frustrating? Yes! And that's what's happening these days.

People no longer do what they want to do, and in turn, they get stuck in the 'get up, work, sleep' loop. Do you think anything in their lives is ever going to change if they don't change this mindset?

Yes, indeed every moment is a fresh beginning but only when you do something you like that brings you happiness. Only then will your mind ever be stress free and function with a positive mindset. When you do something you like and put your heart and soul into it, only then will a thousand opportunities rain upon you, maybe rain is too small a metaphor; a flood of opportunities would be more apt.

It's certain, this will keep you busy but not stressful, instead full of joy. I give you my word! Before December, I was definitely leading a boring life but when I followed my passions, opportunities inundated me with tons of joy, I even got first position in the 'Quest Regionals' and fourth in the Nationals!

I even played in the finals of the Inter House Table Tennis tournament without even playing in the semifinals, and secured the first position. Since then, I've been sprinting for about 5 months, with opportunities on my back. That's why every moment is a fresh beginning, full of new opportunity.

# Financial Literacy session

By Tanishi Sudhanshu Class XII

From the 15th to 17th of April, our school organised a highly engaging and insightful three day Financial Literacy Session. This session aimed at educating the younger classes on the fundamentals of managing money, budgeting, saving, and understanding the value of financial responsibility.

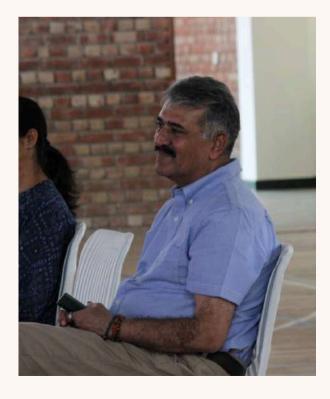
Day 1 focused on budgeting and the importance of planning how to spend money. Students learned the difference between income and expenses through presentations.

Day 2 introduced saving and banking, with interactive simulations to show how bank accounts work.

Day 3 covered smart spending habits and the dangers of debt, helping students learn how to make thoughtful financial choices.

The session was a huge success, combining education with practical application in a way that was age-appropriate and enjoyable. Students walked away with a stronger understanding of money management and the confidence to apply these principles in their daily lives. Our well-versed teacher, Mr. Uday Gulati was quite patient, and thoughtful in his approach to connecting with the younger crowd.

We are grateful to Class 12 students as well who made this event possible and hope that more of such enlightening sessions will be conducted in the future. Financial literacy is a lifelong skill, and thanks to this session, our students have taken their first big step toward becoming financially responsible individuals.





### IMAGINE TOMORROW



By Manvi Chopra Class XI

The OASIS hosted region's first-ever Inter-School Design Competition- '*Imagine Tomorrow*'- in collaboration with the Indian Institute of Art and Design (IIAD), New Delhi, on 25th and 26th April 2025. This two-day event brought together budding designers from across the region to compete in four exciting categories: Fashion Design, Product Design, Wall Art, and Film Making.

Each school team consisted of 4 to 12 participants per category. On 25th April, students were given 2.5 hours to conceptualize and create their work. On 26th April, judging began at 10:30 AM, with entries evaluated on innovation, originality, practicality, sustainability, and visual appeal.

All the teams showcased outstanding creativity and performed exceptionally well, making the event a truly inspiring experience. In the Wall Art/3D Installation category, themed 'Mythical Himalayas', students created artworks inspired by Himalayan folklore, incorporating at least one of the 17 SDGs to promote awareness.

#### Wall Art Results

- Design Excellence Award: Doon International School, City Campus
- Design Impact Award: St. Joseph's Academy
- Design Innovation Award: Doon Cambridge School

Product Design, themed 'Whispers of the Forest', challenged participants to create eco-friendly product prototypes inspired by Dehradun's greenery, addressing deforestation and sustainability.

#### **Product Design Results**

- Design Excellence Award :The OASIS
- Design Impact Award: DSB International School, Rishikesh
- Design Innovation Award: Doon International School, City Campus

The Film Making competition, 'Tales of Doon', invited students to uncover Dehradun's hidden stories through short films and stop-motion, blending cultural narratives with SDG-based messages.

#### Film Making Results

- **■** Design Excellence Award: Foothills Academy
- Design Impact Award: Unison World School
- Design Innovation Award: Him Jyoti School



In Fashion Design, under the theme 'Wildflower Wonder', students designed sustainable apparel using discarded materials, drawing inspiration from Uttarakhand's blooming valleys.

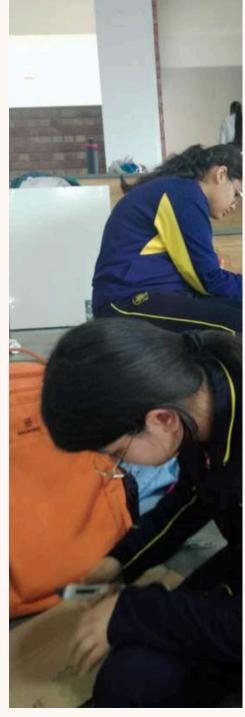
#### Fashion Design Results

- Design Excellence Award: Doon International School, City Campus
- Design Impact Award: Bajaj Institute of Learning for Deaf Children
- Design Innovation Award: Nirmal Ashram Deepmala Public School

The competition was a celebration of innovation, collaboration, and socially conscious design, leaving a lasting impact on all those who participated.







# Textile Waste Management Workshop

A Creative Step Towards
Sustainability



By Mouli Panwar Class XI

On Saturday, 12th April, 2025, our school organised an insightful and hands-on session on *Textile Waste Management*. The workshop aimed to raise awareness among students about environmental sustainability and the pressing issue of textile waste, which is often overlooked. As part of the activity, students were asked to bring along an old piece of cloth and a pair of scissors to participate in a creative upcycling activity.

The session was conducted by a very knowledgeable and passionate resource person, Ms. Amrit Barrett, who is associated with an organisation actively working in the field of waste management and sustainable living. She began the session with a warm introduction and then patiently guided us through a discussion about different types of waste we generate in our daily lives. She emphasised how the excessive use of single-use plastic has become a major environmental concern in our country.

She then transitioned into the focus of the session—textile waste. We learned that the clothes we wear and frequently discard contribute to a type of waste that is extremely harmful to the environment. Unlike organic or biodegradable waste, textile waste does not decompose easily and can remain on the earth's surface for decades, releasing toxic chemicals and microfibers into the soil and water.

Ms. Amrit then shared how her organisation takes meaningful steps to tackle this issue by upcycling old clothes and discarded fabrics. She explained the concept of upcycling—transforming waste materials into new products of better quality or for better environmental value. Examples of upcycled items included colourful rugs, fashionable bags, clothing accessories, pillow covers, and more. These initiatives not only reduce waste but also promote creativity and sustainable living.

After the informative session, students were divided into small groups of four to five members. Each group was given the task of creating something new and useful from the old cloth they had brought. Ms Amrit guided us to first brainstorm ideas and list down all the possible items that could be made from the available materials. We were then encouraged to make rough sketches of our chosen designs before starting the actual creation process. This step taught us the importance of planning and visualising our work before execution of our ideas.

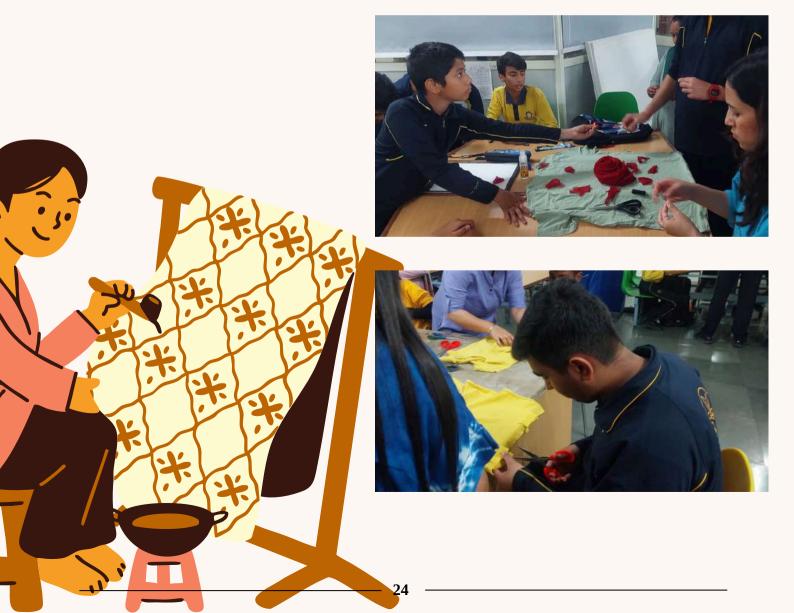
Students were given 30 to 35 minutes to work on their creations. The room buzzed with energy, ideas, and collaboration. It was amazing to see how a simple piece of discarded fabric could be transformed into something so

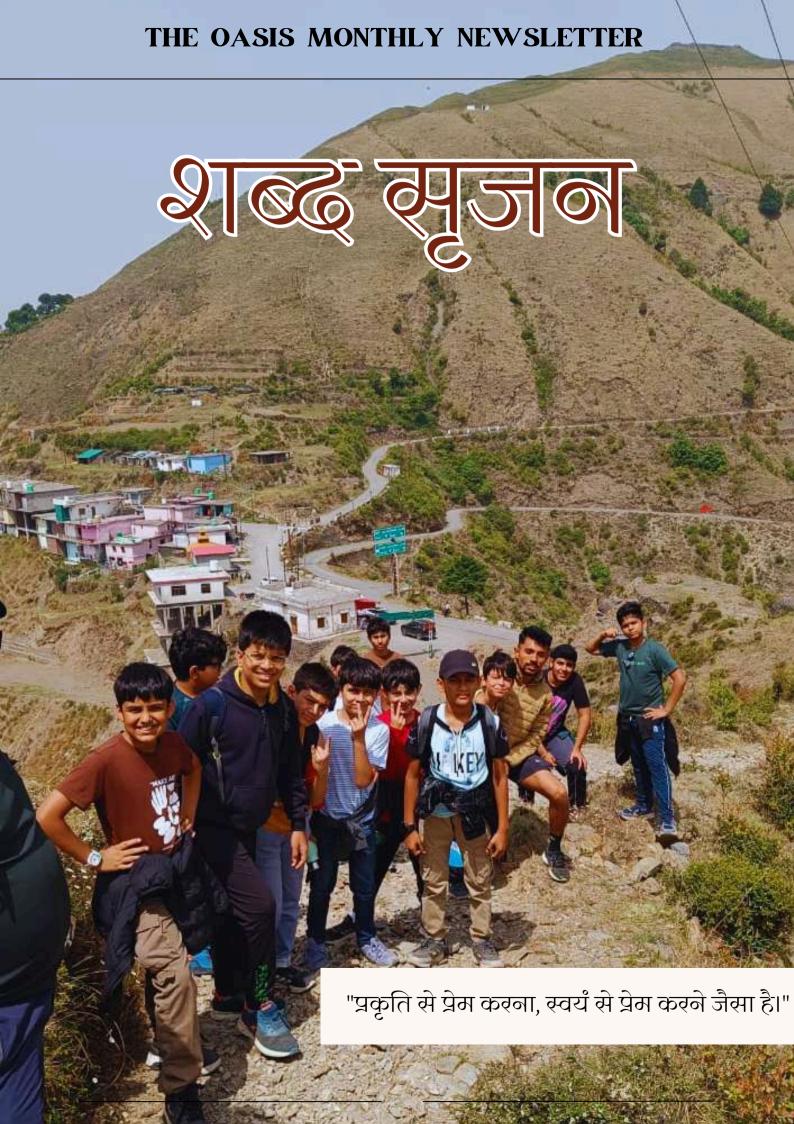
creative and functional. Some groups made trendy tote bags, while others stitched pillow covers, coin purses, and even simple pouches. Each group showcased their creativity, innovation, and teamwork.

Throughout the activity, Ms Amrit was quite supportive and encouraging. She praised the students for their ideas, helped them with stitching techniques, and ensured that everyone stayed engaged and involved. Her presence made a big difference and boosted the confidence of many students who were trying their hand at crafting for the first time.

The workshop not only sparked creativity but also encouraged students to work as a team, listen to each other's ideas, and collaborate effectively. It taught us basic sewing techniques, the importance of colour coordination, and how different fabrics can be repurposed creatively. Most importantly, it opened our eyes to the idea that sustainability can start with small steps—and that every small action counts.

In conclusion, the Textile Waste Management session was both educational and empowering. It gave students a platform to express themselves creatively, learn new skills, and understand the serious impact of waste on our environment. By the end of the session, many students felt inspired to continue upcycling at home and take part in promoting sustainable habits. This workshop reminded us that being eco-friendly doesn't require big gestures—sometimes, all it takes is an old piece of cloth and a new perspective.





बुझो तो जानें हिंदी पहेलियाँ

1.फल नहीं पर फल कहाऊँ, नमक-मिर्च के सँग सुहाऊँ। खाने वाले की सेहत बढ़ाऊँ, सीता मैया की याद दिलाऊँ।।

2.डिब्बा ढेखा एक निराला, न ढकना, न कोई ताला। न पेंढी है, न है कोना, बंढ रखे चांढी-सोना।।

3.काली हूँ पर कोयल नहीं, लंबी हूँ पर डंडी नहीं। डोर नहीं पर बांधी जाती, मैया मेरा नाम बताती।।

4.ना किसी से प्रेम, न किसी से बैर, फिर भी रोज़ होती हूँ खैर। गानों की रौनक बढ़ा ढूँ, फिर भी थप्पड़ खा लूँ।।

5.वायु शुद्ध करे दिन-रात, फल दें, भर दें, सबका थाल। मानव फिर भी काटे उसको, वो फिर भी करे उपकार।।



ताफल, अँडा, चोटी, ढोलक, पेड़ा





प्रिया ने अपने जीवन में कई चुनौतियों का सामना किया था। वह अपने किरयर में आने बढ़ना चाहती थी, लेकिन उसे यह नहीं पता था कि कहाँ से शुरू करे। एक दिन उसने एक प्रेरणादायक किताब पढ़ी, जिसमें लिखा था — "हर पल नई शुरूआत है।"

यह पंक्ति प्रिया के मन में गूँज उठी। उसने सोचा और महसूस किया कि यह बात सच है। उसी क्षण से उसने अपने लक्ष्यों को तय किया और उन्हें पाने के लिए पूरी मेहनत शुरू कर दी।

प्रिया ने अपने कौशल में सुधार किया और नए अवसरों की तलाश की। धीरे-धीरे उसने खुद को निखारा और आज वह एक सफल व्यवसायी है। वह अपने जीवन को पूरी तरह जी रही है। अब वह जानती है कि हर पल एक नई शुरुआत का अवसर होता है — और वह हर उस अवसर का पूरा लाभ उठाती है।

#### सीख:

हर पल एक नई शुरुआत है, और हमें इसे खुले दिल से स्वीकार करना चाहिए। जीवन में जो कुछ भी होता है, वह हमें एक नई राह और नई शुरुआत की ओर ले जाता है।





तुम अभी ढुखी हो सकते हो, या सुख में जीवन बिता रहे हो। असफलता पर पछता रहे हो, या सफलता के शिखर को छू रहे हो। हर पल जीवन एक रह्न है, हर पल एक नई शुरुआत है।

एक पल था—एक छोटा-सा कीट, जो स्वयं से घृणा करता था। पर उसने भी जीवन को नया रंग दिया, तितली बनकर नभ में उड़ गया। हर पल जीवन एक रह्न है, हर पल एक नई शुरुआत है।

घृणा से क्या मिलेगा लाभ? जब वही हमें सफलता का मार्ग दिखाती है। हर पल एक चमकता हीरा है, जो जीवन को नये अर्थ से भर देता है। हर पल जीवन एक रहा है, हर पल एक नई शुक्आत है।





### हमारी पृथ्वी

मायरा कण्डारी - जिस ग्रह पर रहते हैं, उसका नाम पृथ्वी है। हमारा ग्रह तीसरे स्थान पर आता है। पृथ्वी और अन्य ग्रह सूर्य का चक्कर लगाते हैं। पृथ्वी का एक चक्कर 365 दिनों में पूरा होता है। हमारी पृथ्वी सबसे अच्छी है। हमें पृथ्वी की रक्षा करनी चाहिए।



अढित्री थापा - पृथ्वी सभी जीवों का घर है। हर वर्ष 22 अप्रैल को पृथ्वी ढिवस मनाते हैं। हमें पृथ्वी को बचाने के लिए पेड़ो को कटने से बचाना चाहिए।

अरिहंत राणा - हमे कभी भी पेड़ पौधे को काटना नहीं चाहिए। पृथ्वी हमारी माता है। पृथ्वी बहुत सुढ्रं है। हमें अपनी पृथ्वी को बचाना चाहिए। वेढांत नैनवाल - पृथ्वी हमारे सौर मंडल का एक सुंढर ग्रह है। यह एकमात्र ऐसा ग्रह है जहाँ जीवन संभव है। यह सौरमंडल का तीसरा ग्रह है। इसका आकार गोल है और इसकी सतह पर 70% पानी और 30% ज़मीन है। हमें पृथ्वी की देखभाल करनी चाहिए। पेड़ लगाकर, पानी बचाकर और गंदगी न फैलाकर हम इसे सुरक्षित रख सकते हैं।

महाश्वेता- यह हमारी पृथ्वी है। यह हमारी माता है। हमें पृथ्वी बचाने के लिए प्लास्टिक का उपयोग नहीं करना चाहिए न ही प्रदूषण फैलाना चाहिए। हमें पृथ्वी को बचाना है। मायशा शर्मा - पृथ्वी हमारा ग्रह है। हम सभी मनुष्य, पेड़-पौधे पृथ्वी पर रहते हैं। पृथ्वी एकमात्र ऐसा ग्रह है जहाँ जीवन है। पृथ्वी को "नीला ग्रह" भी कहा जाता है। हमें पृथ्वी को स्वच्छ और साफ़ रखना चाहिए।

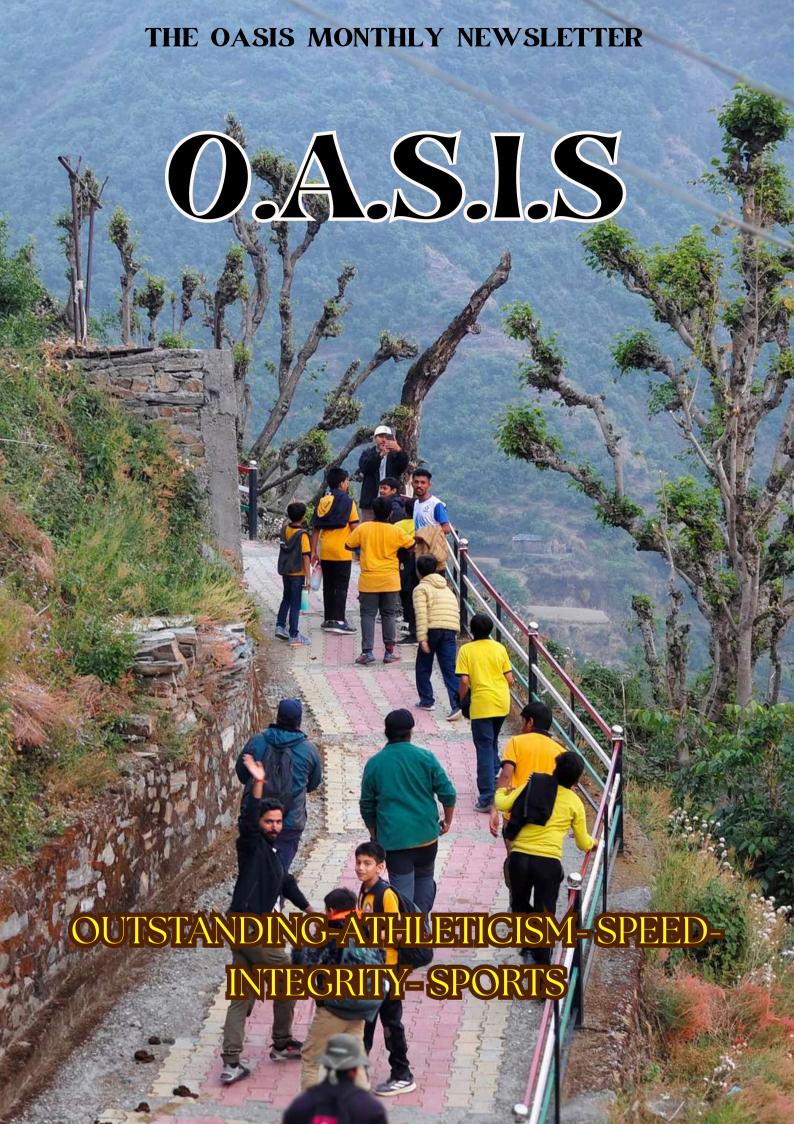


आदिता चौहान - हम हर साल 22 अप्रैल को "पृथ्वी दिवस" मनाते हैं। यह दिन हमें याद दिलाता है कि हमें धरती की रक्षा करनी चाहिए। धरती हमें हवा, पानी, खाना और रहने की जगह देती है। हमें पेड़ नहीं काटने चाहिए और अधिक पेड़ लगाने चाहिए। सूखा कचरा उस्टिबन में डालना चाहिए और प्लास्टिक का कम प्रयोग करना चाहिए। हमें पानी और बिजली की बचत करनी चाहिए। अगर हम सब मिलकर ध्यान रखें तो हमारी पृथ्वी हरी-भरी और खुशहाल रहेगी।



समर्थ भरतरी - पृथ्वी ब्रह्मांड में सबसे अनमोल ग्रह है जो जीवन के लिए आवश्यक वस्तुएँ जैसे ऑक्सीजन और पानी देती है। पृथ्वी पर पाए जाने वाले प्राकृतिक संसाधन दिन-प्रतिदिन मानव के गलत कार्यों के कारण नष्ट हो रहे हैं। इससे पृथ्वी पर जीवन संकट में पड़ गया है। अनुकूलता और वनों की कमी के कारण जंगली जानवर विलुप्त होते जा रहे हैं और प्रदूषण बढ़ता जा रहा है। इसे रोकने के लिए पूरे विश्व भर के लोगों को जागरूक किया जाना चाहिए।

कक्षा ३



# BARCELONA DOES IT YET AGAIN...

By Aanya Soni XII - A

The Copa del Rey is an annual knockout football competition in Spanish football, organised by the Royal Spanish Football Federation(RFEF), held annually since 1903. The 2024-25 Copa del Rey competition was the 123rd edition of Spain's primary football cup.

Copa del Rey is one of the three big and major trophies that the Spanish clubs fight for (the other two being La Liga and Supercopa de Espana).

The 123rd edition of the tournament featured a total of 125 teams and 124 matches. The tournament began in October 2024 with the preliminary round, followed by the first round and second round, round of 32 and then round of 16. After these stages, the quarterfinals, semi finals and final took place.

The four quarter-finals took place from 5th to 7th February 2025. The first quarter-final was held on the 5th of February between Atletico Madrid and Getafe where Atletico Madrid emerged victorious with a comfortable 5-0 win. The second quarter-final took place on the 6th of February between Leganes and Real Madrid, where Real Madrid won with a close 3-2 result after a tough fight from Leganes.

The third and fourth quarter-finals took place on 7th of February, the third match was between Real Sociedad and Osasuna where Real Sociedad wining 2-0.

The fourth and last quarter final took place between Valencia and Barcelona, where Barcelona easily secured a spot in the semi-finals with a dominating score of 5-0.

The first leg of the semi-finals took place on 26th and 27th of February. The first semi-final was between Barcelona and Atletico Madrid, and despite a tough fight from both sides the first leg ended in a 4-4 tie. The second semi-final took place between Real Sociedad and Real Madrid, in which Real Madrid won with a narrow score of 1-0.

The second leg of the semi-finals took place on the 2nd and 3rd of April, where the first semi-final was between Real Madrid and Real Sociedad where the aggregate score favoured Real Madrid due to their 1-0 win in the first leg. Both teams played fantastic football, and the match ended with the score 4-4, and Real Madrid narrowly made it to the finals because of their higher aggregate score.

The second semi final was between Barcelona and Atletico Madrid where the aggregate score between the two was equal, making the match equally difficult for both sides. At the end of the ninety minutes, Barcelona secured its spot in the final due to their 1-0 win.

The Copa del Rey 2024-25 culminated with yet another dramatic El Classico final, which took place on 27th April, 2025. The match took place at the Estadio de La Cartuja stadium. Barcelona managed to take the lead in the beginning of the match, with Pedri scoring a fantastic goal from outside the penalty box.

Barcelona was able to prevent Real Madrid from scoring until the 45th minute. However, in the second half, Real Madrid were able to respond with Kylian Mbappe equalizing the score with a free kick in the 70th minute. Merely after seven minutes of scoring their first goal, Aurélien Tchouaméni headed his team into the lead. The pressure did not get to Barcelona as in the 84th minute, the fan favourite, Ferran Torres was able to level the score.

With the final whistle of the game edging closer and closer and the fans on the edge of their seats, biting their nails, the right back for Barcelona, Jules Kounde, in the 116th minute of the game, scored a goal from outside the box, which sealed Barcelona's well deserved win.

The match, while featuring excellent football, also had its bit of drama. Three Real Madrid players--Antonio Rudiger, Lucas Vazquez and Jude Bellingham-- were given red cards due to disciplinary issues.

Antonio Rüdiger was sent off during stoppage time for throwing an object towards the referee, Lucas Vázquez was dismissed for aggressively protesting a decision, and Jude Bellingham received a red card after the final whistle for confronting the referee.

This year's Copa del Rey had it all; intensity, drama, aggression, teamwork, unpredictability, and passion.

From failing to secure any titles the previous season to winning multiple titles this season, Barcelona has come a long way. In my point of view, Barcelona truly deserved this win. They played better football, had better sportsmanship and reminded the world of what FC Barcelona is truly capable of. Time and again, they have proven their excellence.



# Tariff, Tantrums and Trump: A War with No Victors, Just Sufferers

Jigyasa Kukreti

XII

### THE GLOBAL JIGSAW

#### **GLOBAL LENS**



Credits: National Herald

The deadliest attack on tourists in Kashmir since 2000:

Suspected rebels killed at least 26 people on 22nd April in the picturesque tourist resort of Pahalgam in the deadliest such attack in a quarter-century in Indianadministered Kashmir.



Credits: ET Infra

India's Longest Tunnel:

On April 16, 2025, India's Railway Minister Ashwini Vaishnaw announced the successful breakthrough of the country's longest rail tunnel at Janasu in Uttarakhand.

"The problem with trade wars is that no one wins, everyone bleeds."

— Gita Gopinath (IMF Chief Economist)

On April 2nd, 2025, Donald Trump did what he does best—grabbed the headlines. In a bombastic announcement, he declared sweeping tariffs on over 90 countries, blaming them for "ripping off" the U.S. for years. "No more," he said, hammering home a familiar message of victimhood and retaliation.

And just like that, markets around the world spiralled. Trillions of dollars vanished in days. Stocks plummeted not just in the U.S. but also in Europe, Asia, and even India. Trump's declaration did not just ruffle feathers; it shook the very pillars of global trade.

At the centre of his move was a desire to fix America's trade deficit. His plan? Slap heavy tariffs on countries that sell more to the U.S. than they buy from it. He even came up with a laughably naïve formula: take the trade deficit, divide it by the imports, and charge half of that percentage as a tariff. That's not how trade economics works—but try telling that to *Trump*.

And the most ridiculous moment: imposing a tariff on uninhabited islands near Antarctica. Heard Island and McDonald Island—home to penguins, not people—were somehow part of Trump's economic master plan. You almost have to admire the dedication to the bit.

But jokes aside, these tariffs are causing real pain. Businesses around the world depend on access to the American market. And now, with prices rising and uncertainty in the air, both exporters and U.S. consumers are suffering. Even American-made goods are affected, because most are built with components or raw materials sourced globally. MrBeast, the YouTuber-turned-entrepreneur, pointed out that even though his chocolates are made in the U.S., the cacao is imported. Tariffs make his costs go up, and it's the customer who ends up paying more.

This kind of knee-jerk policymaking is not new for Trump. But the scale of this move is massive—and the consequences, even bigger. It's not just about economics anymore. Countries have started fighting back. China, Canada, and the EU have hit the U.S. with retaliatory tariffs, carefully targeting industries and states where Trump draws his strongest political support.

And then, in classic Trump fashion, came the whiplash: just days later, he paused most of the tariffs for 90 days—except for China, which got hit even harder. No one really knows what the strategy is here. Is it a tactical retreat? Is it a ploy for China? Or just more chaos dressed up as genius?

The bigger issue is the trust factor. For decades, the U.S. stood as a champion of free trade, playing a leading role in establishing the World Trade Organisation. Now, with Trump's erratic swings, many nations are wondering if America has abandoned that legacy for good.

Singapore's Prime Minister summed it up best: the last time a global trade war broke out like this, it eventually led to armed conflict and the Second World War. It sounds dramatic, but history has a way of repeating itself when lessons go unlearned.

And let's not forget the whispers of stock market manipulation. Trump's conveniently timed tweet, "This is a great time to buy!!!" — right before announcing the tariff pause — raised more than a few eyebrows. The market soared afterwards, just as predicted. Coincidence? Maybe. Or maybe not.

At the end of the day, this isn't a reality show. It's the global economy. Millions of jobs, businesses, and livelihoods hang in the balance. But for Trump, it seems like just another episode in the never-ending series called *Making America Great Again*—no matter the cost.

So here we are, watching markets rise and fall, leaders react, and Trump tweet. The only question that remains is: *what's next?* 



Credits: GK Today

Krishna River faces severe drought: The Krishna River is a vital water source for northern Karnataka. Recent reports indicate alarming drought conditions. The river has started drying up earlier than usual, impacting agriculture and drinking water supply in the region.



Credits: Freepik

Chronicles of the calendar:

April 13: Jallianwala Bagh Massacre Anniversary - Remembers the 1919 British massacre of Indians at Amritsar.

April 14: Ambedkar Jayanti - Celebrates the birth of Dr. B.R. Ambedkar, architect of India's Constitution.

April 21: Civil Services Day -Acknowledges the role of civil servants in nation-building

April 22: Earth Day – To spread awareness on environmental protection and sustainability worldwide.

April 23: World Book Day - To honour books and authors and promoting the love of reading around the world.



# THE EARTH IS WHAT WE ALL HAVE IN COMMON

Arshiya Sandlas Chandna XII A

Each year on April 22nd, millions of people from around the world gather to celebrate Earth day and raise awareness about protecting the planet from issues like deforestation and pollution .

In the late 1960s, there was a growing public awareness of pollution, oil spills, and the degradation of natural resources. Senator Nelson, a passionate environmentalist, wanted to bring environmental issues into the national spotlight and unite people in a common cause. He was inspired by the student anti-war movement and saw in it an opportunity to fuel energy regarding the environment. As we celebrate Earth day we are reminded of the beauty and arising fragility of our dear Mother Earth.

The state of our planet is alarming. Climate change, pollution, deforestation, and biodiversity loss threaten the delicate balance of our ecosystem. Rising temperatures, melting ice caps, and extreme weather events are just a few consequences of human activities that harm the environment. Earth Day is not just about planting trees or picking up litter - though those acts matter deeply. It is about renewing our relationship with the Earth, one that has faded over time. It is a chance to stop, think, and promise to do better. Even small actions make a big difference. We can plant a tree, save water, switch off lights, recycle, or walk instead of using a car. These may seem like small things, but when millions of people do them, the world changes.

Earth day is also about hope. A reminder that its never too late. The care and cooperation by millions around the world can heal our Mother Earth. Let us not wait for others to act; Change begins with each one of us. In conclusion, let every day be Earth Day.

# Bloom of the Month

### GRACIOUSLY WELCOMING APRIL

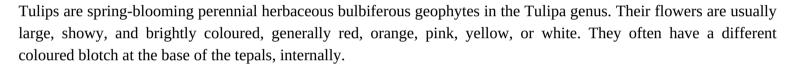
By Gauri Juyal XII A

**Botanical Name:** Tulipa gesneriana

**Common Name:** Tulip

**Flowering Season:** Mid to late spring (March–May, peaks in April)

**Native of:** Central Asia and Southern Europe



#### Ethnobotany:

The tulip isn't just a pretty flower—it carries a rich historical and cultural legacy. Originating in the mountain valleys of Central Asia, tulips were first cultivated in the Ottoman Empire, where they symbolised paradise on earth. By the 16th century, they were introduced to Europe, where the Dutch fell in love with them. This led to the famous "Tulip Mania" in the Netherlands during the 1630s—one of the first recorded economic bubbles in history, where tulip bulbs were once traded as luxuriously as gold.

Today, the tulip is still a national symbol of the Netherlands and is celebrated through festivals around the world. Culturally, tulips represent love, rebirth, and elegance. Their diverse colours have also taken on meanings—red tulips for true love, yellow for cheerful thoughts, and white for forgiveness.

#### Guide to Grow:

- 1. Choose the Right Time to Plant: Tulips are planted in the fall (September to November) before the ground freezes. This gives them enough time to establish roots during winter.
- 2. Pick a Sunny Spot.
- 3. Use loose, well-drained soil enriched with compost or organic matter. Avoid soggy areas as tulip bulbs are prone to rotting in excess moisture.
- 4. Dig holes about 6–8 inches deep and place the bulbs of the flower, pointy end up.
- 5. Tulips are hardy and require a period of cold dormancy. Let them rest undisturbed through winter. They don't need to water unless there's a dry spell.
- 6. And then in spring, tulips burst into colour!







By Karmanye Goel XII A

According to the Oxford dictionary, music is defined as vocal or instrumental sounds (or both) combined in such a way as to produce beauty of form, harmony, and expression of emotion. But to me, music is much more. Music to me is one of the deepest forms of self expression, channeling our inner joys and sorrows. Music connects the dots between our memories and emotions and songs act as a means of transport for our feelings, emotions and sensations which help us to relive and remember throughout our life.

Now a question arises: "How does music shape our memories, and why do certain songs stay with us forever?" Many studies have been conducted on this very topic by big major companies and universities such as Durham university, BBC, American Psychological Association (APA), and others.

When we listen to music, our brain forms strong connections between the songs we hear and the emotions we experience. For example, when we listen to a specific song after several years, we find ourselves transported back to a specific moment in our past like a school excursion, or a holiday. This happens because in our brain there are two structures namely, hippocampus and amygdala which work together. The hippocampus purpose is to handle and be responsible for our memory, while the amygdala plays a vital role in processing emotions. Due to these two structures in our brain, certain songs as well as the emotions, tied to the song stay with us forever. This occurs due to the emotional or contextual link that is formed with the music/song.

Another reason is repetition. Songs that we hear on repeat or very often get deeply wired into our memory. Due to this, our brains become accustomed to recognising and reminiscing previously heard songs or music.

Research also shows that songs we hear during our adolescent and early adulthood stages tend to stick with us the longest. This is because our brains are more emotionally sensitive during this period in our life.

Songs are like time capsules, serving as powerful 'emotional bookmarks'. Every time we listen to a song and find it familiar or feel emotional, it's not just nostalgia but it's also our brain and heart working together in order to remind us of our own story and journey.



## A PARENT SPEAKS



# AUFE IN LAW



Arjya B. Majumdar Professor, Jindal Global Law School

Have you ever watched a courtroom drama and thought, "I could totally do that"? Maybe you've seen characters like Harvey Specter in Suits, or Annalise Keating in *How to Get Away with Murder*, and felt the adrenaline rush of argument, strategy, and justice. The truth is, a life in law is much more than just what's shown on screen — and it's a path that can take you in many exciting directions.

Being a lawyer is not just about arguing in courtrooms or reading massive books (though there is some of that). At its heart, law is about people. It's about solving problems, defending rights, shaping rules, and even changing the world.

So, what does life look like after a law degree? Let's explore four of the most popular (and fascinating!) directions a legal career can take you.

First up, the litigator. If you thrive on debate, have a flair for public speaking, and love a good intellectual challenge, this might be your calling. Litigators are the classic courtroom lawyers. They represent clients in legal disputes, whether it's a company suing another, or defending someone wrongly accused. These lawyers need quick thinking, powerful communication skills, and a deep knowledge of the law. Every case is a puzzle, and it's up to the litigator to piece together the facts and argue their side convincingly. It's not always like TV, but make no mistake — it can be thrilling. Winning a tough case after weeks of preparation? That's a feeling like no other.

Next, the transactional lawyer. Picture this: a massive tech company is acquiring a startup. Millions (maybe billions) of dollars are involved. Who makes sure the deal is legal, smart, and smooth? That's the job of a transactional lawyer. These lawyers don't spend much time in court. Instead, they're busy drafting contracts, negotiating terms, and guiding businesses through complex deals. They need to be sharp, strategic, and detail-oriented. Think of them as the legal architects of the business world. If litigators solve problems after they happen, transactional lawyers help avoid problems in the first place. And yes — they wear sharp suits and close big deals, just like Harvey Specter (minus the Hollywood drama).

Then there's the in-house counsel. What if you could be the go-to legal expert inside a company? That's exactly what in-house lawyers, also known as general counsels, do. They're not working at a law firm — they're part of the company itself. From making sure the company follows laws, to advising the CEO on risk, in-house lawyers have their hands in almost everything. It's a great role for someone who wants to combine legal knowledge with business strategy. The best part? You really get to know the business, grow with it, and be a part of the team that makes it successful — legally and ethically.

Finally, there's the lawyer for change — the one who works with an NGO. Some lawyers aren't in it for the money or the glamour — they're in it to make a difference. Lawyers who work with non-governmental organizations (NGOs) fight for social causes like human rights, environmental justice, and access to education. They might challenge unfair laws, represent the voiceless, or campaign for policy change. These lawyers are the heartbeat of movements that shape a fairer world. It's not always easy — and it's not always well-paid — but if you've got fire in your belly and want to be on the frontlines of justice, this path is for you.

You don't have to be a fast-talking debater or a textbook genius to succeed in law. What you do need is curiosity, empathy, a love for problem-solving, and the grit to keep learning. Law isn't just a career — it's a toolkit for understanding how the world works and how to change it.

From the courtroom to the boardroom to the grassroots level, lawyers are everywhere — shaping society, protecting rights, and building better systems. If that excites you, maybe a life in law is calling your name.

Because in the end, the world doesn't just run on rules. It runs on the people who understand them.





## KNOWING ONESELF

Shared by Dr. Pragati Modi- A valued Parent and a Consistent Reader of 'The Pulse'

"There is a kind of sadness that comes from knowing too much, from seeing the world as it truly is. It is the sadness of understanding that life is not a grand adventure, but a series of small, insignificant moments, that love is not a fairy tale, but a fragile, fleeting emotion, that happiness is not a permanent state, but a rare, fleeting glimpse of something we can never hold onto. And in that understanding, there is a profound loneliness, a sense of being cut off from the world, from other people, from one self. So live, love and explore yourself."

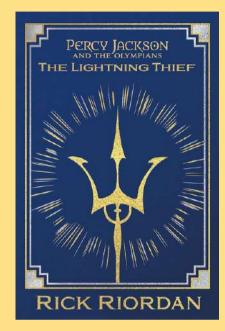
Virginia Woolf -





### MUST READ

Percy Jackson and the Olympians: The Lightning Thief



- Author Rick Riordan
- **Publisher** Miramax Books
- **Pages** 377
- Genre Fantasy, Mythology, Adventure, Young Adult

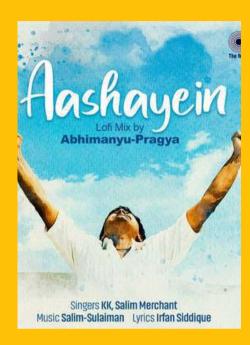
"If my life is going to mean anything, I have to live it myself."

Percy Jackson, a twelve-year-old with a troubled past, learns he's the son of Poseidon and embarks on a dangerous quest to retrieve Zeus's stolen lightning bolt.

Blending Greek mythology with modern adventure, the story highlights courage, friendship, and discovering one's true strength. A thrilling and empowering start to a legendary series.

## MUST LISTEN

**Aashayein** 



- **Singer:** KK (Krishnakumar Kunnath)
- Movie: Iqbal
- Songwriter: Irshad Kamil
- Producer (Music Composer):
   Salim–Sulaiman
- Release Date: August 26, 2005
- **Genre:** Inspirational / Soundtrack

"आशाएं खिले दिल की उम्मीदें हँसे दिल की अब मुश्किल नहीं कुछ भी नहीं कुछ भी..."

## MUST WATCH

October Sky



- **Director:** Joe Johnston
- **Producer:** Charles Gordon, Larry J. Franco
- Writer: Lewis Colick (based on the memoir Rocket Boys by Homer H. Hickam Jr.)
- Music: Mark Isham
- Cast: Jake Gyllenhaal, Chris Cooper, Laura Dern
- Where to Watch: Amazon Prime Video, Apple TV, Google Play Movies

"Sometimes you really can't listen to what anybody else says. You just have to listen inside."

The story of a coal miner's son, who dreams of building rockets after being inspired by the launch of Sputnik. Despite discouragement from his father, Homer, with the support of a devoted teacher and his friends, chases his passion for science.

# PICTUREGALLERY















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