



THE PULSE

Aspire to Inspire





6th September 8th-9th September 13th September 14th September 16th September 17th September 19th-20th September 21st September

23rd September 27th September

27th-29th September

Teachers' Day Celebration (I-XII) Transparent Meetings (IV-XII) Inter House Rangoli Competition (VI-VIII) Kavita Vachan Pratiyogita (I-III) Inter House Wushu Championship (I-V) Inter School Nukkad Natak (IX-XII) Inter House Wushu Championship (IV-V) World Peace Day (Entire School) Inter House Math PI Rates (VI-VIII) Inter House Math PI Rates (IX-XII) Inter Class Display Board Competition-Abhivyakti (VI-XII)

Inter House Wushu Championship (VI-XII)

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FROM THE EDITOR'S DESK...

September in Dehradun marks the transition from monsoon into winter. The air gets cooler with each passing thunderstorm and slowly but surely, we bid the rains goodbye. At The OASIS, the month abounds in extracurriculars as the integrators venture out to explore the various activities and competitions that take place.

In my opinion, a busy youth is a successful one. In other words, hard work always pays off - a cliche for good reason. Being at a school like ours means we get to completely immerse ourselves in our areas of interest and work hard toward achieving our goals in life. However, in the grand scheme of things, our endeavours may overwhelm us and it is at times like these that we understand the importance of role models. Whether you know them personally or not, a role model is someone who paves the path you want to walk. It is someone who gives you a slight push out of your comfort zone that helps you achieve your full potential. The first role models we ever encounter are our parents, followed by our siblings and teachers. One often fails to acknowledge the impact they make on a person but as you grow older, you realise their influence on you is comparable to sunshine. It doesn't force itself onto you and curb the essence of your own being, but supplements your growth without asking for anything in return.

September is when Teacher's Day is celebrated nationwide, which is why it makes the perfect theme for this issue of The PULSE. Having a wide variety of hobbies, I have found role models all around me- especially at school. My juniors inspire me to be light-hearted and playful every day, whereas everyone elder to me has propelled the learning of being able to balance childish innocence and maturity in my day-to-day undertakings. The artists I look up to have taught me how to express myself in a manner that is wild and free while my favourite writers and composers have given me my own way with words. At the end of the day, I find that I am an amalgamation of all my influences tethered together by my own values, morals and beliefs.

While it is comforting to have someone to admire and look up to in times of adversity, it is also important to remember that adolescents have impressionable minds. Therefore, it is exceedingly prudent that we are mindful while choosing our mentors. Even so, we must consolidate our individuality and uniqueness so we don't lose ourselves in the name of following in our inspirations' footsteps. Furthermore, we must strive to become the best versions of ourselves because even when it isn't apparent, we often serve as role models to those around us without even realising it.

At the end of the day, the people we consider worthy enough to guide our growth- be it our parents, movie stars, characters from books, or artists, become our role models - an integral facet of our all-around growth. With this, I hope you enjoy this issue of our monthly newsletter- a compilation of writeups through which the Integrators convey their ideas and thoughts about the role models in their lives.

Happy reading to all!

'The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves.''

- Steven Spielberg

- Tarana Kapur Class- XI A Executive Editor







LEO THE LEOPARD



- Tarana Kapur Class XI A







KALEIDOSCOPE

EVENTS AT UNISON WORLD SCHOOL

"Art speaks what words are unable to explain!"

31st August, 2022: 'Spectrum 2022' was an Inter School - All India Art and Photography Competition hosted by Unison World School, Dehradun. Nine brilliant artists of The OASIS participated in seven of their categories with Pratishtha Rawat (Class VII) in 'Round Frame Nature', Ayushi Tripathi (Class VIII) in 'The Diary of an Artistic Kid', Bhuvi Garg (Class IX) and Pratika Patel (Class IX) in 'To Play or Not to Play', Tarana Kapur (Class XI) in 'Reflection of my Replica', Aditi Panwar (Class XI) in 'Doodle-e-China', Aarzu Farooqui (Class XI) and Vanya Gupta (Class XI) in 'Painting Poetry' and Atharva Kamboj (Class XI) in 'Motion Capture'. The teacher-escort who accompanied them was Ms. Banita Bahu. After spending an entire day at the hosting school, it was not just the laurels that our students bagged, but also the right exposure, new learning, and experience that instilled inspiration in them to progress further in the field of visual arts. They also got to interact with students of other renowned schools including Wynberg Allen School, Welham Boys School, St. George's College, Welham Girls School, and The Doon School.

It brings me immense pleasure to tell you that The OASIS bagged two positions in Spectrum 2022 with Aditi Panwar securing the second position in 'Doodle-e-China' and Pratishtha Rawat, a whooping third position in 'Round Frame Nature'.

10th September, 2022: Another event organised by the Unison World School was 'Harmony 2022'- An Inter School Performing Arts Competition, in which The OASIS participated in 'Folklore' from music and 'Cultural Spin' and 'Rhythmosaic' from the dance category. The entire event was very well organised by the girls of Unison World School. The teachers' escorts included Ms. Jagjeet Kaur, Ms. Anupama Bhadri Kothiyal, and Mr. Aranav Vishal along with Aarini Mehta (Class XII) as the school representative. We got a wonderful opportunity to showcase our talent on such a huge stage in front of a bigger audience than ever. (A nice surprise: their auditorium was very well air-conditioned!)

The OASIS bagged the second position in the 'Cultural Spin' folk dance category by performing Garba. This event served as a great learning opportunity for every child that participated in it because we, at The OASIS, are taught that the route to success is way more important than actually attaining success!

- Gauri Juyal Class IX B



INTER-HOUSE MATHS PI RATES

On 23 September, 2022, an Inter-House Maths Quiz-Math PI Rates was organised for classes IX-XII in the school's theatre studio. The quiz was organised to enhance the interest of students in the subject and create an environment conducive to working in groups outside the classroom.

A little healthy competition can inspire Maths students to achieve great heights. It challenges students to use their maths skills in new and creative ways. Our respected School Director and Head of School, Mr Sanjiv Bathla; Head Senior School, Mr Raj Kumar Trehan; and Head Junior School, Mrs. Natascha Nandi Bathla were present to witness the event and act as motivators for the participants. The scorekeepers for the day were Mr. Mukesh Pundir and Mr. Gaurav Kumar, and the timekeeper was Mr. Amit Tomar. There were two participants from each house, and in total, eight participants were selected for the day.





The quiz was divided into three rounds:

In round 1, every participant was given two minutes to answer the questions and was awarded one point. The top five highest scorers were selected for the semi-final round. This round was known as the qualifier round. The highest scorer of this round - Shreekant Batra got a golden buzzer and got a direct entry in the final round.

In round 2, questions related to algorithms were asked. This round was between four participants, out of which two were selected for the final round.

Round 3 was the buzzer round, in which the participant who knew the answer had to raise his hand in order to answer. Two marks were awarded in case of the right answer, and one mark was subtracted in case of a wrong answer. The participants who reached the final round were Shreekant Batra from Daivik House, Satvik Arora from Prasatti House and Arpan Singh from Vinaya House. The winner of the competition was Shreekant Batra from Daivik House. While the results were being calculated, the School Director and Head of School, Mr. Sanjiv Bathla and Head Senior School, Mr. Raj Kumar Trehan graced us with their kind words. The event helped the spectators in identifying their capabilities as they answered along with the participants, and motivated them to learn and expand their knowledge. The quiz ended on a successful note, enhancing the inquisitiveness of the students, and demonstrating just how fascinating mathematical applications can be. - Netra Chawla

Class XI A



SATVA MATHLETICS

"Pure mathematics is, in a way, the poetry of logical ideas." - Albert Einstein

Maths PI Rates, an Inter-House Maths Competition, was held on 21st September 2022 for Satva (Classes VI, VII and VIII). The guiz was held at the school Theatre Studio in the presence of the students of Class VIII. It was an opportunity for us, the participants, to test our knowledge of Mathematics and interact with others who shared the same passion for the subject. The atmosphere was conducive to learning and the curiosity of the audience was subtle yet evident, as they were too captivated and intrigued by the event. The teachers responsible had prepared the participants well before the quiz, and the only trick that was required at the moment was to stay calm, concentrate without getting distracted and do your best. I, along with many others, had some trouble performing well at first as the nerves were certainly overwhelming, but eventually, we managed to find our feet. There were three rounds, and the first two rounds were time-bound. Two students, from Classes VI to VIII, participated from each house. At the end of round 1, five students out of eight were left, with the best performer, Nishant Saxena from Daivik house, getting a chance to directly advance to the final round. Round 2 consisted of algorithms and saw two people getting eliminated and one person, Arpit Dangwal, from Mahit house, correctly answering all the questions. He later ended up winning the quiz after excelling in the last round of logical-based questions as well. I, Tara Kumar of Mahit house, secured the second spot while Nishant Saxena from Daivik secured the third position. Overall, the quiz succeeded in making everyone excited about Mathematics as a subject, and creating an educative and beautiful environment that truly represents the spirit of The OASIS -"Knowledge Is That Which Liberates".

> -Tara Kumar Class VIII C







INTER-HOUSE RANGOLI COMPETITION (EKYA)

Brightening up the festivities, rangoli is believed to be a harbinger of good luck. This art form is native to Nepal, India and Bangladesh. Being one of the most beautiful and pleasing art forms of India, it comprises two words, 'rang' meaning 'colour' and 'Aravalli' meaning 'coloured creepers' or 'row of colours'. Rangoli refers to the art of making designs or patterns on the walls or the floor of the house, using finely ground white powder along with different colours.

It is believed that rangoli brings good luck and prosperity to the house and the inmates, and is used to welcome guests.

The OASIS Art Department organised the Inter-House Rangoli Competition for Ekya students on the 20th day of September 2022. Two participants from each house had to work together to develop one rangoli.

The topics for the rangoli were as follows:

1. Aipan rangoli from Uttarakhand

Aipan is one of the traditional forms of Rangoli of Kumaon and is practised in the state of Uttarakhand. This art is associated with a great degree of social, cultural as well as religious significance. It uses motifs such as 'Swastik', 'Lakshmi Padchinha' and 'Astadal Kamal'

2. Alpana rangoli from West Bengal.

The art form of Alpana has been used for religious and ceremonial purposes since times immemorial and is usually done on the floor. The Alpana patterns are a part of the sacred rituals and are made during the days when vratas (fasts) are kept by the Hindu women of Bengal during which the whole house and the floor are painted with Alpana art. It is also believed to have been used by the agricultural communities of the region of Bengal for driving out evil spirits.

3. Muggu rangoli from Andhra Pradesh

Muggu rangoli is traditionally from Andhra Pradesh. On festive occasions people draw this rangoli in their houses. Muggupindi is a mixture of calcium and chalk powder which is used for creating these exquisite and unique muggu patterns.

4. Kolam rangoli from Tamil Naidu

Traditionally kolams are drawn on the flat surface of the ground with white rice flour. Decoration is not the main purpose of a kolam. In the olden days, kolams or muggulu were drawn in coarse rice flour so the ants would not have to walk too far for a meal. The rice powder also invites birds and other small creatures to eat it, thus welcoming other beings into one's home and everyday life. It is a sign of invitation to welcome all into the home.

The participants were assigned their particular states by a draw of lots on the same day.

A wooden platform of 2 into 2 feet was provided to the participants on which they had to make permanent rangolis using acrylic colours.

The participants thoroughly enjoyed working together to create beautiful artwork. The competition resulted in the creation of some unique and eye-catching designs. All participants performed to their potential and showed incredible teamwork.

The results of the competition were as follows: 1st position Daivik House 2nd position Vinaya House 3rd position Prasatti House

- Vanshika Rawat Class X B



<mark>नुक</mark>्कड़ नाटक

''नुक्कड़ नाटक'' ज्वलंत विषयों के बारे में सामाजिक जागरूकता पैदा करने के लिए कहीं पर भी किया जाने वाला एक नाटक होता है।

१७सितंबर, २०२२ को, दि ओएसिस ने अपनी पहली इंटर-स्कूल नुक्कड़ नाटक प्रतियोगिता की मेजबानी की।

हिम ज्योति स्कूल, शिवालिक अकादमी और डी॰पी॰एस॰जी॰ की टीमों ने कुछ विचारोत्तेजक प्रदर्शन प्रस्तुत किए जिसने दर्शकों को अपनी सीटों से जोड़े रखा। निर्णायक मिति में सुश्री सीमा इस्सर, श्री राजीव शुक्ला और सुश्री जयंती सिजवाली शामिल थे। विषय भारत में प्रचलित सामाजिक मुद्दों पर आधारित था। टीमों को स्क्रीनप्ले, नाटकीयता, भीड़ प्रभाव और जुड़ाव जैसे विभिन्न पहलुओं के आधार पर आंका गया था। सबसे पहले, डी॰पी॰एस॰जी॰ के छात्रों ने मजदूरों की शिकायतों को व्यक्त करते हुए एक नाटक का प्रदर्शन किया और कहा कि उनकी अपार मेहनत और बलिदान के लिए उन्हें कैसे सराहा जा सकता है। इसके बाद, हिम ज्योति स्कूल के छात्राओं ने दैनिक आधार पर पुरुषों, महिलाओं और विपरीतिलेंगी व्यक्तियों के सामने आने वाली चुनौतियों का प्रतिनिधित्व करते हुए एक आकर्षक प्रदर्शन दिया। इसके बाद शिवालिक अकादमी द्वारा एक और आकर्षक प्रदर्शन किया गया जिसमें आम आदमी के जीवन पर नशे की पकड़ को दिखाया गया। अंत में, दि ओएसिस ने एक व्यंग्यपूर्ण प्रदर्शन दिया कि कैसे देश पूरी तरह से भ्रष्टाचार पर चलने लगा है।

किसी निर्णय पर पहुंचना काफी कठिन था। डी॰पी॰एस॰जी॰ ने तीसरा और शिवालिक अकादमी ने दूसरा स्थान हासिल किया। दि ओएसिस ने पहला स्थान प्राप्त किया। हालाँकि, इसे इसके बजाय हिम ज्योति स्कूल में पारित कर दिया गया। वास्तव में यह एक अद्भुत अनुभव था। यह आयोजन निश्चित रूप से एक वार्षिक उत्सव बनने की क्षमता रखता है। - इनाया तारिक एवम साहिमा सिंह

कक्षा ${m -}X$ ब

SATVA RANGOLI COMPETITION

Rangoli is a traditional art form that is cherished by any individual as it can be showcased because of colours and patterns used. It embarks good fortune. Keeping up with this thought, our students performed exceptionally well and showcased their creativity and talent in the Inter-House (Satva) Rangoli competition which was held on 13th of September 2022.

Two students from each house participated with different themes given to each house:

- Aipana from Uttarakhand
- Alpana from West Bengal
- Muggu from Andhra Pradesh
- Kollam from Tamil Nādu

The duration to complete the rangoli was two and a half hours. All the participants were provided with blank boards and paints. With team coordination where everyone did their part with precision and focus we were able to accomplish the task at hand. This was appreciated by everybody. The results were declared:

Mahit house bagged the first position, followed by Prasatti and Daivik house at the second position and Vinaya house at the third position.

All the students put their best foot forward and took part in the competition with zest.

-Wanika Gupta







THE OASIS JUNIOR CUP

The OASIS Junior Cup was organised by our school from the 8th of August to the 9th of August. It was a soccer tournament which is hosted annually, where many schools participate and aim for the winning trophy. This was the second time that The OASIS hosted it, and it was for the first time after the COVID pandemic that the school field was teeming with tons of soccer aspirants. The OASIS Cup was for both girls and boys under fifteen. The OASIS girls' team won their 1st match by 3-2 in penalties and advanced to the semi-finals, while the boys lost their first match against APS Clement Town by 2-1. The winner of The OASIS Cup in the boys' category was the Wynberg-Allen team which defeated APS Clement Town in penalties. The winner in the girls' category was Wynberg-Allen School again.

The OASIS Cup had a lot of moments which depicted true sportsman spirit and demonstrated the heart-touching compassion of the players towards their fellows. The tournament was certainly an invaluable lesson in perseverance, discipline, and acceptance.

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- Shreekant Batra Class X A

COUNCIL DANCE AND SONG COMPETITION

सतरंगी रंगो सा उज्ज्वल सा पावन ऐसा देश हमारा।

What makes a choir brilliant? The most upvoted answer would be harmony or the one united voice that leaves us mesmerised. On the 17th of September, a few singers and dancers with exceptional talents represented The OASIS at the Council Song and Dance Competition hosted by Carman School, Premnagar, Dehradun. From the pick-up point near CJM Church to our destination at Premnagar, our ride was filled with songs, dress check-ups and shutter sounds. On reaching the venue, we were greeted by the teacher escort who guided us to the auditorium where the event was staged. A handful of schools had already arrived and we all quickly made ourselves comfortable in the atmosphere as well. We were served cookies and juices the moment we arrived. The competition soon began and schools were called one after the other through the engaging scripts of the hosts. Before our turn, we took places near the stage and did a quick double-check. To add grace to our performance, we wore white kurtas as the theme of the song was-Patriotism. We went on stage- mic checks and lights! We did exceptionally well. The rivals burst into cheers after we concluded. We received tons of praise from the host teachers and others as well. With the much-required guidance of Mrs. Anita Sharma and Mr. Vibhushit, we were able to give our best.

Our dancers performed a mixed fusion of Rajasthani folk dances. In shimmering folk dresses, our dancers performed the ghagra dance brilliantly. The dancers were escorted by Mr.Jagjeet Kaur. The event concluded with the National Anthem and a vote of thanks. The event was a great learning experience and we brought back myriads of memories as our souvenirs.

- Yashasvi Kandwal Class X B





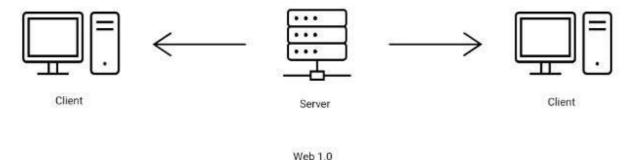
WHAT IS BLOCKCHAIN? (Part 1)

Most people think that the web we use today has been the same web as when it was first invented. However, the web we use today is quite different from the original web.

To understand this better, it's helpful to break the Web's short history into 2 parts—Web 1.0 and Web 2.0.

Web 1.0: Read Only (1990-2004)

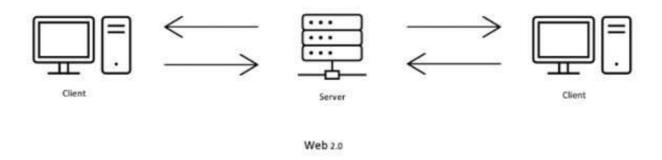
Web 1.0 was created in 1989, at CERN, Geneva. Web 1.0 was mainly static websites owned by companies, and there was close to zero interaction between users and wwebsite



Web 2.0:Read-Write (2004-now)

The Web 2.0 period began in 2004 with the beginning of social media websites. Instead of a read-only, the internet evolved to be read-write. Instead of companies providing content to users, they also began to provide platforms to share user-generated content and engage in user-to-user interactions. This also brought something called centralization which means that these companies control and store everyone's data. This deletes any form of privacy of the user which was a problem.

Ex - Wikipedia, Facebook, Twitter, YouTube and Amazon etc.





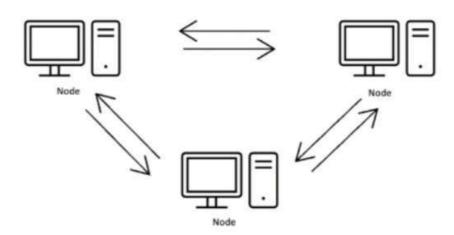


Web 3.0: Read-Write-Own

Web 3 is new to the world and started evolving somewhere in the year 2009 onwards, it's like a new internet. Web 3 has become a catch-all term for the vision of a new, better internet. At its core, Web 3 uses blockchains, cryptocurrencies, and NFTs to give power back to the users in the form of ownership.

The main feature of web 3 is that there is no server, instead, there is something known as nodes which are like mini servers on every smart device. It's like a server broken down into millions of mini servers. Thus making web 3 de-centralized. Now companies like Amazon, YouTube and Google cannot use our Data for the wrong purposes because there is no main server.

Web 3.0 (The Future?)



As blockchain is a vast topic to cover, I will publish some of its other important aspects in my upcoming articles stay tuned for it.

-Abhiveer Singh Class IX A



UDAAN-IDEAS THAT FLY

MY MENTOR, MY MIGHT

"A mentor is someone who allows you to see the hope inside yourself". To have a mentor in life is a blessing. A mentor is a light at the end of the tunnel. The light that helps us see the way and guides us. Mentors don't exactly face our struggles for us: they aren't the ones in the tunnel, but they're the light that provides the strength and courage needed to continue going forward.

In a world where it's hard to differentiate between the people who actually want good in your life and those who don't, who else is more fit and deserving to be my mentor - my inspiration and motivation - than my own Mother?

She has been with me since the very beginning and is aware of all that I'm capable of doing and all that I might do. She knows when to hold my hand to help me walk and when to let go so that I can run. She is my pillar of support, a pillow for my tears and fears. Whatever obstacles I face in life, she's always there beside me, giving her unbiased and truthful opinion. She has struggled and won the battles of life, and this deeply inspires me. Her calm and positive outlook on life is something I wish to possess. Whenever she faces a wall, rather than turning back, she finds a way to get past it. Her determination has forever motivated me to find solutions to my problems rather than complain about them.

When I make mistakes, which I have and always will for it is only human to do so, she points them out and finds areas for improvement rather than making me feel worse. She knows exactly what to say to me and when to say it, and her words provide the comfort which I never knew I needed. She has helped me become my own person, putting my life before her own. She is the strongest person I have ever known and she never gives up, even on people. She is selfless and manages to find the good in everyone, the good that they themselves might not have known existed in them. She isn't perfect, for no one is, but she has taught me that there is beauty in our imperfections, and this I will forever remember.

When I am sailing through the ocean of life and the waves come crashing down, my mentor - my mother - is a compass showing me the right direction when I'm lost. I, being the sailor, just have to learn how to get through the troubling waters, as the compass leads me to a place where the ocean is calm and at peace. My mother is the light at the end of my tunnel, my compass, and I am forever grateful to have such a strong and fearless woman as my mentor.

-Tara Kumar Class VIII C







LAST STAND- Story of the Week

The carriage glided against the wind, on the turbulent road. Lewis had lost a lot of blood. Each bump made his ruby drops fall on the stone pavement. Stupid dare! I don't know why I gave it in the first place!

Now he was in a life-threatening situation. We reached the hospital. Its old acacia doors provided a grim entrance and its cedar walls further impacted the atmosphere in the room.

I dropped Lewis off at the dorm and waited outside, my mind still swirling with the thought of the dare. The dam was flooded for nearly the whole month. Crossing it would just be nonsensical. Two hours later, the nurse called me in. Lewis was covered in bandages. A sarcophagus from Cairo would complete the look. A few minutes later, Lewis' sister came in. She was shocked to see her brother in such a drastic scenario. After talking to the nurse, I was relieved to hear that no internal damage had been caused. The rain was mellowing down and soon the beams of sunlight were reflecting off the iron crucifix on the top of the church.

The ringing church bell provided a warning call to the amount of guilt about to flood my mind. Suddenly, the peace in the town was broken by the sound of the war bell. The Zackarians were on the move. We hadn't come in contact with them since the time the Treaty of Maidenville was signed, following the brutal results of the battle of Chloeberg. The Eighth Sentinel war fought eight decades ago was the last we had seen of them. The treaty was signed on consideration of both sides as a war which would yield such drastic outcomes should be prevented in any way possible.

The Zackarians were our counterparts, another fierce war clan which had been formed after the partition of Avantia four centuries ago. Territorial disputes were quite expected but none had dared to break this treaty until now. Such preposterous behaviour was never predicted. The only thing we had learnt from this was that blindly trusting your enemies never yields good results. The Zaharian army (our army) was gearing up, preparing to once again defend its territory from those who seek it. Nexberg was under siege. It was an important city, the only way to Maveland.

The town guards had done their best; however, 120 vs 800 wasn't exactly a fair fight. It was time to even up the odds. One of the guards briefed me about the plan to ambush the enemy via Clement peak. I, for one, volunteered to carry the weapons and arms. Getting into the carriage, I galloped to the warzone. The enemy was down to 630-650 people. The town guards had done well. I dropped off the weapons and rushed back to the hospital. As I busted through the brass-hinged door of the dorm, I saw that Lewis had gained consciousness.

He was awake! Then, it struck the building.

The Zackarians had taken a turn back through Trouville. No one was here to defend the hospital! The nurse quickly evacuated everyone from the back door. Lewis' sister and I escorted him to safety. I could hear the boots thumping on the spruce floor, second by second, the sound getting closer. I sharply pulled out my chipped sword from its leather sheath. The clamouring of the approaching enemies sent shivers down my spine.

Someone must take a stand, someone must protect.

-Aveer Prakash Class VIII C







MY MENTOR IS MY INSPIRATION

A poem dedicated to my amazing teachers.

This is a message to my wonderful teachers,

You have made me an inquisitive reader.

You have taught me how to write an essay,

I am thorough with it today.

You have taught me the number system,

You have given me loads of wisdom.

You have taught me the structure of an atom,

I will surely remember it for the generations to come.

You have taught me how the mountains were formed,

Teachers are worthy of the world's greatest reward.

You have taught me how the Mughals invaded India,

And taught me about the ancient site of Olympia.

You have taught me the basics of French,

I can now speak it to some extent.

You have taught me the syntax of Python,

I can write a code to find the area of a polygon.

आपने मुझे प्रकाशन सिखाया

आपने मुझे सही रास्ता दिखाया

I am forever grateful to you,

If it weren't for you, I wouldn't know what to do.

-Aditya Singh Class VII C

MALALA

A girl who was just sixteen,
Changed the life of many teens.
She fought for girls to study high,
And not sit at home and be a wife.
She stood up for us without caring for her own life,
She is known by us all, our own Malala Yousafzai.

A lot of people wanted to shoot her dead,
But she stood tall lying on a hospital bed instead.
People have their inspiration as Messi, Will Smith,
Bill Gates and more,
And I have one who fought a war.
She is the only inspiration in this heart of mine,
None other than Malala Yousafzai.



Malala inspires me with her words and action,
If she sells her thoughts I would buy it in an auction.
I have never met her in my life,
But if you ask me who is my mentor, my inspiration,
I would say Malala, without any hesitation.

-Rishima Pundir Class VIII B







MY MENTOR

A poet, a writer, a singer, a dancer, an activist and a scholar. She was all of this, Maya Angelou taught the world countless things, yet again we all tend to not remember and be grateful for people who made the world what it is today.

My mentor didn't just teach me to write poems or to be an activist, she taught me how to get up and rise when no one extends a hand to stand up. Maya Angelou rose to teach others and to believe in all. Maya suffered from muteness when she was only eight, after a tragic incident in her life. She did not speak to anyone for 16 years. Her self enforced silence was her way to make everyone feel loved and cared.

Gift of language helped her to express that love and equality is everybody's right. Despite earning such amazing and great achievements and awards, Maya never changed the way she cared for people.

I hope that one day I can become like Maya and make a positive impact on the world, just as she did. As Maya once said, 'People will forget what you said, people will forget what you did but people will never forget how you made them feel'.

-Shubhangi Bhandari Class VIII B

TO MY TEACHERS

It is my blessing to have you as a teacher, I cannot ask for more.

I wish your youth was forever,
So we could have more times like before.

You are a teacher, You are my friend, a mentor, a caretaker, And above all, next to the Almighty, A parent who has a right over me.

Watching my every move,
Teaching me right from wrong,
Cracking many jokes in the class,
The creator of all moods and smiles.

Chiseling me with those hands, Giving me a structure, With the advice you gave, Making me a somebody in this life.

One thing I must say at all cost,
You are the type of mentor the world will want.
The one person I am truly inspired by,
Is you and you the most.

-Arpit Pant
Class VIII C



MY INSPIRATION

Lionel Andres Messi, better known as Leo Messi, is regarded as one of the greatest players to ever grace the game. He remains the biggest brand in the world of football, and so far he remains undefeated.

Messi is my role model, my mentor, but not only because he is the best footballer in the world, but because of where he comes from, what difficulties he faced, and because of where he has reached. Everyone, and probably even you, thinks that entrepreneurship means business, money and has everything to do with the finance field, but that is a misconception. For me, Messi is an entrepreneur. He started playing football only because that was his passion. The only reason he is the best in the world is because he followed his dreams. To me, anyone who decides to follow his or her dreams is an entrepreneur. Messi has inspired millions to follow their passions in whatever field they may lie. He, despite being from a poor family background, has come so far in life. This is truly motivating.

-Sukanya Khanduri Class VIII B

OPRAH WINFREY

Becoming a self made billionaire is a really big thing nowadays, and one of the self made billionaires is Oprah Winfrey. She came from a very poor family where she used to wear dresses made of potato sacks for which she was always teased at school.

Oprah Winfrey spoke frankly about being violently raped at the age of nine and then experiencing various episodes of sexual molestation from the age of ten to fourteen along with verbal and physical abuse. At the age of fourteen she was pregnant but, unfortunately, her son was born premature and died.

Opera is an inspiration for me because not only did she want to accomplish her dreams but also wanted others to achieve their goals and follow in her footsteps. She was determined to build herself up into a one woman media empire which she is today.

I consider Oprah Winfrey as my role model because of a tough childhood, wonderful charity work. her schooling and the true relationships with her fans. The thing that inspires me the most is that she never gave up at any tough point of her life. She stands out among many people on her ability to feel others' pain and help those people to get through the troubled times.

-Mouli Panwar Class VIII B







PRIME-O-GRAM



विश्व की प्राचीन, समृद्ध और सरल भाषा होने के साथ-साथ यह हमारी राष्ट्रभाषा भी है और १४ सितम्बर को हमारे विद्यालय में हिन्दी दिवस के उपलक्ष में अंकुरम की कक्षा १,२ व ३ के विद्यार्थियों के द्वारा कविता वाचन प्रतियोगिता का आयोजन किया गया। कविता वाचन का शुभारंभ कक्षा ३ के विद्यार्थी सारवी कुलचन्द व अव्यान मिश्रा के संचालन द्वारा हुआ। कक्षा १,२ व के विद्यार्थियों के द्वारा कमशः हास्य, देश-भिवत व प्रेरणादायक कविताओं का वाचन किया गया।

इस प्रतियोगिता के निर्णायक मण्डल के रूप में श्री मोहित कुमार शर्मा जी व श्री प्रणव विशष्ठ जी ने अपना योगदान दिया। प्रतियोगिता में विद्यार्थियों के उत्साहवर्धन के लिए विद्यालय निदेशक श्री संजीव बाटला जी, ज्येष्ट संचालक श्री राजकुमार त्रेहान जी,माध्यमिक संचालिका श्रीमती नताशा नन्दी बाटला जी,कनिष्क संचालिका श्रीमती पल्लवी झा जी भी उपस्थित रहे। प्रतियोगिता के अन्त में कनिष्क संचालिका व विद्यालय निदेशक जी ने अपने आशीर्वचनों के द्वारा प्रतिभागियों का उत्साहवर्धन किया।

> अद्वय अग्रवाल कक्षा-३ (कैना)





WUSHU CHAMPIONSHIP (Ankuram)- Discipline, Technique and Strategy

On 16th September 2022, the Ankuram Inter-House Wushu Championship was held between the Red side and the Blue side in our esteemed school.

In a nutshell, Huo Yuanjia is the father of Wushu- a Chinese form of martial arts, where "wu" means military and "shu" means art. It was developed and introduced in India in the year 1989. Wushu is an official event at the Asian Games, East Asian Youth Games, South East Asian Youth Games, and World Combat Games.

It was delightful to see the excited participants. We all cheered and clapped for them. The environment was vibrant and the spectators were on cloud nine.



As the match progressed, we cheered and encouraged the participants, however, unfortunately, an untoward incident took place wherein some participants got injured during the match. But thanks to the clear-headedness of our judges and the medical facilities, aid was immediately provided to the injured fighters.

On 19th September, as the Championship resumed, the participants honed their skills and strategised their punches and kicks.

On 20th September 2022, we assembled in the Crucible for the final matches. No sooner did the referee blow the whistle than the match between the two sides started.

Unfortunately, all good things must end. The Inter-House Wushu Championship was a wonderful event to witness.

-Anushka Nautiyal Class - V (Erica)



The OASIS Wushu Championship (Satva and Ekya)

As we all know, Wushu is not only a sporting exercise but also an artistic form. It is used to cure illness and also serves as a means of self-defence. It is a comprehensive form of culture of the human body. Wushu enjoys a long history and great popularity around the world.

The OASIS conducted the Wushu Championship for the boys and girls in Ekya and Satva. This competition started on the 27th of September and ended on the 28th of September, 2022. The event was judged by Bijay sir, Chandni ma'am, Tripti ma'am, and Narendra sir. Rajiv sir took on the task of being a referee. The participants from both teams - Red and Blue, stepped onto the bout, determined to win. I participated in the competition and learnt a lot about the strategies. The atmosphere was friendly as the audience enthusiastically cheered for the participant.

The results of the competition were as follows:

Pratishtha Rawat, Manvi Rawat, Kaushtubh Anthwal, Lakshya Ahluwalia and Hargun Singh Manchanda bagged the first position in their categories.

Ankita Dubey, Shashwat Prasad, Singey Wangchuk Namgyal and Puranjay Singh Rana were second in their categories.

Shree Sharma, Aarvi Pal, Agrima Upadhyaya, Prajwal Singh and Ishan Shankar Dabral were the walk-over winners.

- Shree Sharma Class VIII B





BLOOMS OF THE MONTH



Botanical name: *H. rosa-sinensis L.*Common Name: Gudhal (Hindi), Hibiscus,

China Rose

Flowering seasons: Late Summer,

March to October

Origin: South East Asia

Hibiscus or China Rose, botanically called Hibiscus Rosa-Sinensis L, is a type of flowering plant native to Southeast Asia. It has been used as a decorative and medicinal plant for centuries.

plant for

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Ethnobotany:

Hibiscus is the national flower of Malaysia, with each petal presenting the five national principles set forth by the Malaysian Government: Belief in God, Loyalty to the King and Country, Supremacy of the Constitution, Rule of Law and Courtesy and Morality. Its red colour is symbolic of courage for the Malaysians. In Hinduism, Hibiscus flowers are often associated with the goddess Kali. It is believed that offering one hibiscus is equal to sacrificing an animal to Kali.

Medicinal Uses:

Hibiscus flower is a proven <u>remedy for Hypertension</u> (abnormally high BP). Controlled Clinical Trials have clearly suggested that these flowers can help lower blood pressure. In one of the conducted trials, 10gm of *Hibiscus sabdariffa* tea was given to a group of people, while others were given captopril drug for four weeks. Blood pressure fell equally in both groups, suggesting that consumption of this natural flower extract as a herbal tea may be as potent as some synthesised blood pressure medication.

Studies have also suggested Hibiscus' role in treating fever as it contains high amounts of flavonoids and proanthocyanidins. <u>Flavonoids</u> are variable phenolic group compounds, possessing a number of medicinal benefits that include antiviral, anti-inflammatory and antioxidant properties. On the other hand, proanthocyanidins give the flower its distinct and bright pigmentation. As per the National Library of Medicine, this pigment is one of the best-known and most powerful antioxidants in the plant world.

Traditionally, Hibiscus is often used as a remedy for Type 1 and Type 2 Diabetes.

-Shivi Juyal Class XI A

